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<b>SPECIFIC RISKS ON GYLS – 2018</b>			
<b>COUNTRY:</b>			
India			
<b>EATING AND DRINKING</b>			
<i>NATURE OF RISK</i>	<i>ASSESSMENT OF RISK</i>	<i>ADVANCE ACTION / CAUTIONS</i>	<i>ACTION IN EVENT OF INCIDENT</i>
Contaminated food	Low/Medium	If eating out by yourself ensure all fruit/vegetables are peeled and cooked properly, and the team should avoid salad or ice-cubes unless they are very confident that the water used to wash salad, or make ice is of good quality. All utensils and bowls/plates to be thoroughly cleaned before and after use. Do not store cooked food. Ensure hands washed before food preparation. Use buddy-system to ensure all students eating adequate food. Check regular bowel movement. Cater for any food allergies, and dietary requirements.	Monitor throughout the Summit
Contaminated water	Low/Medium	Ensure all water is treated or bottled. You cannot drink the tap water. Check seal on bottle is intact before opening. Use buddy-system to ensure enough water is being drunk. Check colour of urine (should be light). Do not share bottles. Label own bottles.	Monitor throughout Summit
<b>WATER DANGERS</b>			
<i>NATURE OF RISK</i>	<i>ASSESSMENT OF RISK</i>	<i>ADVANCE ACTION / CAUTIONS</i>	<i>ACTION IN EVENT OF INCIDENT</i>
Rafting	Low	Use of previously checked and used company. Students to listen carefully to guide briefings. Use of safety kit provided by the rafting company includes buoyancy aids, helmets and safety boats. Water temperature is from 10 to 15 degrees C during this time, outside temperature 10 to 20. Ensure team does this activity earlier in the day when the sun is on them. Ensure students have adequate dry clothing to change into after activity in case they become cold.	Medical treatment. Ensure all other students are out of the water.
Drowning	Low/Medium	Use Swimming Policy. Use buddy system. Have 1:4 adult/student ratio with adult watching from the bank/side. Adult Leaders to carry out local recce of swimming site, and carry out swim tests to ensure all students competent. Watch out for submerged objects.	Medical treatment. Ensure all other students are out of the water.



<b>VEHICULAR TRAVEL</b>			
<b>NATURE OF RISK</b>	<b>ASSESSMENT OF RISK</b>	<b>ADVANCE ACTION / CAUTIONS</b>	<b>ACTION IN EVENT OF INCIDENT</b>
Public roads	Medium	Roads could be in a bad condition in India with many stray animals, humans and vehicles. No driving after the hours of darkness unless in emergency. Use of private hire buses through known and trusted local operator. Do not use “motops” (motorbike taxis) as these are extremely hazardous and helmets are required by law.	
Buses (seat-belts, condition and driving ability)	Low/Medium	Use private hire buses provided by previously used and trusted in-country provider. Use seat belts where provided. Use transport check-list. Don’t be afraid to ask driver to slow down or drive with consideration for “Western” sensitivities as concerns road conditions and other drivers. Check bus insurance/tax is valid before setting off.	Report driver and company to a staff member.
<b>BITES</b>			
<b>NATURE OF RISK</b>	<b>ASSESSMENT OF RISK</b>	<b>ADVANCE ACTION / CAUTIONS</b>	<b>ACTION IN EVENT OF INCIDENT</b>
Snakes	Low/Medium	Stick to paths. Be observant and noisy – snakes will almost always get out of your way. Most snakes are nocturnal in the area. Do not corner or approach a snake. Always wear closed shoes, hats and gloves at the worksite in the village.	Immediate hospitalisation, with first-aid as advised by the locals and the Incident Management Plan.
Mammals	Low	Rabies inoculation, keep away from mammals and don’t be tempted to play with the village dogs or any monkeys. Do not handle any poultry.	Bites from dogs, monkeys etc. are all potentially very serious matters. Immediate evacuation to hospital.
Mosquitoes/Insects	Low	Unlikely to see any mosquitos in the Winter. In Hyderabad, keep covered up. Use repellent in early morning and during the evening. Take medication.	Usual treatment for mosquito bites. Patient to be advised to have checks when at home for malaria if suffering from flu-like symptoms.
Ticks	Medium around cattle	Wear long-sleeved clothing when around cattle or in long grass.	Careful removal and monitoring to ensure infection doesn't set in.
Spiders and scorpions	Low risk of serious bites, medium risk of minor bites	Don’t put hands or fingers in holes. Be careful when picking up rocks or handling wood, and check boots before putting on.	From no action to first-aid to hospitalisation depending on nature of bite. Seek local advice as appropriate.
<b>ALLERGIC REACTIONS</b>			
<b>NATURE OF RISK</b>	<b>ASSESSMENT OF RISK</b>	<b>ADVANCE ACTION / CAUTIONS</b>	<b>ACTION IN EVENT OF INCIDENT</b>



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Stings, bites, food, flora and fauna.	Low/medium	Declaration on medical form. Students to ensure airline and I Can. Staff know of food allergies. All team members to bring own medications for serious known allergies.	First-aid and/or hospitalisation as appropriate.
<b>CATTLE RELATED INJURY</b>			
<b>NATURE OF RISK</b>	<b>ASSESSMENT OF RISK</b>	<b>ADVANCE ACTION / CAUTIONS</b>	<b>ACTION IN EVENT OF INCIDENT</b>
	Low	Do not approach animals unless given prior permission to do so. Do not tease animals and do not jump onto bullock carts.	As appropriate.
<b>CITY AND TOWN DANGERS</b>			
<b>NATURE OF RISK</b>	<b>ASSESSMENT OF RISK</b>	<b>ADVANCE ACTION / CAUTIONS</b>	<b>ACTION IN EVENT OF INCIDENT</b>
Lost person	Low	Go out and stay in mixed gender groups of no less than 3, preferably in one large group with Leaders. Do not stray into areas that have been put off-limits by the staff. Obey curfew instructions. Take contact phone numbers of a staff member and accommodation address and number. Do head-counts regularly.	Record incident and discuss with team how this can be avoided.
Pick-pocketing	Low/Medium	Do not wear jewellery or show obvious signs of wealth. Take out only the money you need, and split between pockets and money-belts. Do not get large amounts of money out when paying for items. Be aware while in crowds or on transport. Careful safeguarding of cameras and cell phones or other electronic devices. Students to withdraw cash from local ATM along with a staff member and be aware of your surroundings as you withdraw cash.	Record incident. Report loss of passports or other items of value to police and get a report for insurance.
Fast Moving Traffic	Medium	Look both ways when crossing roads. Watch out for bicycles and cars which may not stop at red lights or pedestrian crossings.	
Unsuitable taxi's	Low	Only use reputable metered taxis. Check basic road-worthiness and don't be afraid to tell driver to slow down if you are uncomfortable. Always agree a price before using. Use transport check-list.	Record incident as appropriate.
Being approached by taxi touts and others		Encouraged not to engage in conversation with strangers upon arrival past customs. Do not accept transport or lift from strangers. Do not accept food or drink from unknown persons. Do not hand over passport or boarding pass to anyone other than a uniformed official.	Find a public place and contact RS emergency numbers, and/or wait to be found by leaders.



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Public Demonstration	Low	Exercise a high degree of caution and to stay away from large gatherings and places of public protest.	
<b>CULTURAL ISSUES</b>			
<b>NATURE OF RISK</b>	<b>ASSESSMENT OF RISK</b>	<b>ADVANCE ACTION / CAUTIONS</b>	<b>ACTION IN EVENT OF INCIDENT</b>
Culture Shock	Low	Briefing by the I Can. Team as to what to expect. Ensure measured acclimatisation phase before moving to the next destination.	Monitor individuals and address concerns as they come up.
Lack of awareness of local traditions and customs	Low	Briefing by the I Can. Team on arrival. Consider personal space, clothing, language, physical contact and eating customs.	Monitor team behaviour and obtain report on any problems from the Project Hosts.
Inappropriate dress	Low	Students and staff to be modestly dressed, especially females when in the village, and also at heritage or cultural sites.	Monitor team and re-brief if necessary.
<b>CULTURAL PHASE</b>			
<b>NATURE OF RISK</b>	<b>ASSESSMENT OF RISK</b>	<b>ADVANCE ACTION / CAUTIONS</b>	<b>ACTION IN EVENT OF INCIDENT</b>
Alcohol/Smoking/Drug	Low/Medium	Strictly no alcohol, smoking or drugs are allowed.	I Can. may send Students home immediately for breaking these rules, at parent/guardian's expense.
Unsuitable language	Medium	Team to be briefed on not using offensive language or swear words, and to keep the content of conversations at an appropriate level so as not to offend, or exclude fellow team members, or the community.	Re-address the issue with the team.
Unsuitable behaviour	Low	Students must listen to all briefings. All student rules regards behaviour and safety still apply during the cultural phase. Students (especially females) to ensure they are properly dressed when walking around larger towns and tourist sites.	Staff to debrief group and apply further rules, or changes to the itinerary as appropriate.
<b>DISEASES</b>		<b>Students to see their doctor on return home if they feel unwell.</b>	
<b>NATURE OF RISK</b>	<b>ASSESSMENT OF RISK</b>	<b>ADVANCE ACTION / CAUTIONS</b>	<b>ACTION IN EVENT OF INCIDENT</b>
STD's	Low for team members	Students are not to engage in sexual relationships during the trip.	Will not become apparent during the Summit. Students to see their doctor on return home if they feel unwell.
Dengue Fever	Low	Avoid mosquito bites during the day. Be aware of the symptoms of Dengue fever – high fever, severe headache, joint and muscle pain, bone pain.	Hospitalisation, but may occur weeks after Summit.
Hepatitis	Low in December.	Vaccination	Hospitalisation.



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Malaria	Low	Prophylactics. Avoid mosquito bites.	Hospitalisation, but may occur weeks after Summit.
Rabies	Medium	Vaccination. Avoid animal bites.	Urgent hospitalisation.
Typhoid	Low	Vaccination	Hospitalisation, but may occur weeks after Summit.
Giardia	Medium	Strict health and hygiene practices followed in preparation of food and water, and hand-washing stations placed at toilets and eating areas.	Hospitalisation, but may occur after Summit.
Avian Flu	Low	There have been several outbreaks of Avian Flu in India which have arisen from very close contact with poultry. Students to avoid contact and poultry/animal markets. Ensure poultry and egg dishes are thoroughly cooked before consuming.	Hospitalisation, but may occur weeks after Summit.
<b>EXHAUSTION</b>			
<b>NATURE OF RISK</b>	<b>ASSESSMENT OF RISK</b>	<b>ADVANCE ACTION / CAUTIONS</b>	<b>ACTION IN EVENT OF INCIDENT</b>
Lack of Fitness	Low/Medium	Students to ensure they are fit enough before departure.	Monitor, and adjust level of involvement if not fit enough.
Tired after long flight	Low/Medium	Allow one or two easy days on arrival.	Monitor.
<b>FIRE</b>			
<b>NATURE OF RISK</b>	<b>ASSESSMENT OF RISK</b>	<b>ADVANCE ACTION / CAUTIONS</b>	<b>ACTION IN EVENT OF INCIDENT</b>
In accommodation	Low	Staff to check all fire exits are clear on arrival and that fire procedures are clear to all students. Staff to ensure that students have access to fire exits but that bedroom doors, windows and buildings are still secure enough to ensure safety of students in their accommodations. Do not travel in lifts if fire alarm is sounding or fire is suspected.	As appropriate. A General Physician will be available 24x7 and Staff members have advanced First Aid qualification, and medical facilities are not far from each location.
Camp fires		Staff will light camp fires, students are to stay clear of them and not get involved in lighting or preparing fires.	
Wild Fire		The Summit does not involve living in jungles or areas with too many trees.	
<b>FLIGHTS</b>			
<b>NATURE OF RISK</b>	<b>ASSESSMENT OF RISK</b>	<b>ADVANCE ACTION / CAUTIONS</b>	<b>ACTION IN EVENT OF INCIDENT</b>
Lost Luggage	Low/Medium	Ensure all luggage is labelled, both outside and inside the bag. Keep valuables and all personal medication in hand-luggage. Keep luggage receipts safe.	Contact airline with luggage label details.



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Missed Flight	Low	Ensure that I Can. Is aware of your situation. Ensure contact numbers are available and published.	I Can. will advise parents/guardians and organise accommodation and further flight as necessary.
DVT	Low	Wear flight socks during the flight and move around often to exercise legs. Ensure adequate water intake. No alcohol.	Monitor on arrival and seek medical treatment if appropriate.
Lack of printed ticket	Low	You cannot enter Delhi Airport without a printed ticket (e-ticket, or paper ticket) so Leaders to ensure all team members have a copy.	
<b>HOME SICKNESS</b>			
<b>NATURE OF RISK</b>	<b>ASSESSMENT OF RISK</b>	<b>ADVANCE ACTION / CAUTIONS</b>	<b>ACTION IN EVENT OF INCIDENT</b>
	Low/Medium	Use buddy-system while in-country so students can keep an eye on each other. Open communication policy and talk to Staff if you are concerned. Avoid contact with home.	Staff will talk to students and contact with parents/home will be arranged if thought appropriate.
<b>ILLNESS</b>			
<b>NATURE OF RISK</b>	<b>ASSESSMENT OF RISK</b>	<b>ADVANCE ACTION / CAUTIONS</b>	<b>ACTION IN EVENT OF INCIDENT</b>
Upset tummies/nausea	Medium	Briefing on water and overall hygiene. Avoid unwashed vegetables and fruit. Scrupulous attention to personal cleanliness and hand cleaning. Do not buy food from roadside stalls. Drink lots of treated water, but not from each other's bottles. Label bottles with own name. Refer to health and hygiene policy.	Refer to medical advice. Initially water / electrolytes and rest for up to 48 hours. Avoid Immodium or similar unless about to embark on a long journey. If situation not rectified in 48 hours then referral to health centre or hospital.
Heat, sunburn, dehydration, cold	Low / medium	Briefing. Wear hats. Use sun block. Drink lots of water. Don't overdo it during hottest times of the day.	Rest and fluids. Hospitalisation in serious cases.
Travel Sickness	Low	Preventative measures taken prior to travelling if required	Treat with basic first aid and preventative measures
Stubbed toes/trips	Medium	Wear closed-in shoes when outside the hostel, and always on the work site. Indian streets have uneven surfaces.	
<b>LOCAL LAWS</b>			
<b>NATURE OF RISK</b>	<b>ASSESSMENT OF RISK</b>	<b>ADVANCE ACTION / CAUTIONS</b>	<b>ACTION IN EVENT OF INCIDENT</b>
Smoking	Low	Use of tobacco banned and smoking is banned in public places in India.	
Drugs	Low	Use or possession of drugs is illegal in India.	
Alcohol	Low	The legal drinking age in most states in India is 21.	
Passports	Low	Tourists are required by law to carry their passports at all times.	
Satellite phones	Low	It is illegal to carry or use a satellite phone without permission in India.	
Cows	Low	It is illegal to maim or kill a cow in India	



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Driving and vehicles	Low	Wearing of seat-belts is mandatory in India	
<b>LOSS OF VITAL DOCUMENTS</b>			
<b>NATURE OF RISK</b>	<b>ASSESSMENT OF RISK</b>	<b>ADVANCE ACTION / CAUTIONS</b>	<b>ACTION IN EVENT OF INCIDENT</b>
Passport	Low	Staff to safeguard and keep with the team at all times or lock in the hotel safe (if available). Only issue to students when absolutely essential. All participants to carry photocopies of passport.	Visit to embassy / consulate. Report loss to police.
Airline Tickets	Low	Staff to safeguard, if paper tickets are issued. Only issue to students when absolutely essential.	Contact insurance company and airline. Purchase new tickets.
<b>NATURAL HAZARDS</b>			
<b>NATURE OF RISK</b>	<b>ASSESSMENT OF RISK</b>	<b>ADVANCE ACTION / CAUTIONS</b>	<b>ACTION IN EVENT OF INCIDENT</b>
Flooding/Altitude/Cold /Smog	Low	Check local weather conditions and take advice from local people and appropriate Embassy. New Delhi can experience severe smog conditions in January.	Embassies aware of individual's in country. Contact Embassy for advice.
<b>PHOTOGRAPHY</b>			
<b>NATURE OF RISK</b>	<b>ASSESSMENT OF RISK</b>	<b>ADVANCE ACTION / CAUTIONS</b>	<b>ACTION IN EVENT OF INCIDENT</b>
	Low	Do not take pictures of government buildings, airports or of police or army personnel and buildings. Always get permission from local people before you take any pictures of them.	Leaders to address if any issues arise.
<b>POLITICAL THREAT</b>			
<b>NATURE OF RISK</b>	<b>ASSESSMENT OF RISK</b>	<b>ADVANCE ACTION / CAUTIONS</b>	<b>ACTION IN EVENT OF INCIDENT</b>
	Low/Medium	Check Embassy advice before departure. Seek advice from local people.	Embassy aware of presence of individual's in-country. Contact Embassy for advice. All security precautions will be taken care of.
<b>PRIOR MEDICAL CONDITIONS</b>			
<b>NATURE OF RISK</b>	<b>ASSESSMENT OF RISK</b>	<b>ADVANCE ACTION / CAUTIONS</b>	<b>ACTION IN EVENT OF INCIDENT</b>
	Low	Applicants to declare all existing medical conditions to the I Can. Team.	Monitoring and treatment as necessary.



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<b>PSYCHOLOGICAL PROBLEMS</b>			
<b>NATURE OF RISK</b>	<b>ASSESSMENT OF RISK</b>	<b>ADVANCE ACTION / CAUTIONS</b>	<b>ACTION IN EVENT OF INCIDENT</b>
	Low	Check medical forms for pre-existing conditions. Ensure daily talks with students to make sure all are coping OK. Use buddy system. Check for self-harming and eating disorders.	Keep notes of any problems, and discuss with student in the presence of another adult. Talk to an I Can. Team member if appropriate and work out coping strategy for student.
<b>SEXUAL HARASSMENT</b>			
<b>NATURE OF RISK</b>	<b>ASSESSMENT OF RISK</b>	<b>ADVANCE ACTION / CAUTIONS</b>	<b>ACTION IN EVENT OF INCIDENT</b>
Harassment of students by strangers	Low	Briefing by staff on local customs and dress-code (especially females). No students to go out on their own. Students stay in groups of no less than 3 people and go out always with staff permission.	Report incident to staff and appropriate action (e.g. police/medical involvement) will be taken.
Harassment of students by other team members	Low	Briefing by staff. Ensure no male and female students visit each other in their sleeping quarters. The I Can. staff all have criminal record checks, although not locals so no student is to be alone with any adult.	Staff to talk with students concerned (with adult chaperone) and work out appropriate strategy. Follow child protection policy regards appropriate adult/student ratios and chaperones.
<b>THEFT</b>			
<b>NATURE OF RISK</b>	<b>ASSESSMENT OF RISK</b>	<b>ADVANCE ACTION / CAUTIONS</b>	<b>ACTION IN EVENT OF INCIDENT</b>
En route to and from India	Low	Carry all valuables in hand-luggage. Put your destination address both inside and outside your hold luggage. Keep luggage receipts safe.	Contact airline and insurance company.
In cities	Medium	Briefing. Exercise vigilance when carrying money, credit cards or valuable documents. Watch belongings especially when on open transport where bags could be snatched.	See I Can. staff for advice.
Hotels and guesthouses	Low / Medium	Use safety deposit boxes for valuables, which are only available at hotels in Delhi, Agra and Jaipur. Keep cameras etc in locked bags. Give valuables to leaders for safekeeping.	See I Can. staff for advice.